

**Flint YMCA Falcons
2010 Winter Invitational Swim Meet
January 9-10, 2010**

DEADLINE DECEMBER 21, 7PM BLACK BOX @ Y

Date and Time: **Saturday, January 9th and Sunday, January 10th**
AM Session: 7:30 am Warm-up, 8:30 am Start
PM Session: 12:00 pm Warm-up, 1:00 pm Start

Location: **Waterford Mott High School**
1151 Scott Lake Road
Waterford, Michigan 48328

Eligibility: This meet is open to all swimmers meeting the YMCA requirements; swimmer's age is determined by their age on December 1, 2009.

Entry Information Swimmers may enter a maximum of 4 events per day & 1 relay. \$4.00/event Coaches pick relays, YPAC pays for all relays
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Checks Payable to "South Oakland YMCA"

Deck Entries: The Clerk of Course will accept deck entries until 30 minutes prior to the start of each session. Deck entries will cost \$5.00.

Individual Awards: Awards will be given for places 1-12 in individual events and places 1-6 in relays. Awards will be given to both 10-and-Under and 12-and-Under for the 500 Freestyle. Awards will be given to 10-and-Under, 12-and-Under and 13-and-Older groups in the 400 Ind. Medley. Custom medals will be awarded for first - third place in all 12-and-Under individual events. Ribbons will be awarded for all other places/events.

Admissions: Saturday and Sunday: \$3.00 each.
Swimmers and Children 6 and Under: Free

Heat Sheets: A Saturday/Sunday program will be sold for \$5.00.

Concessions: Food and beverages will be available in the entrance hallway.

Saturday A.M.

Girls		Boys
01	8 & Under 100 yd Medley Relay	02
03	9-10 200 yd Medley Relay	04
05	11-12 200 yd Medley Relay	06
07	8 & Under 100 yd Individual Medley	08
09	9-10 100 yd Individual Medley	10
11	11-12 100 yd Individual Medley	12
13	8 & Under 25 yd Backstroke	14
15	9-10 50 yd Backstroke	16
17	11-12 50 yd Backstroke	18
19	8 & Under 50 yd Freestyle	20
21	9-10 100 yd Freestyle	22
23	11-12 100 yd Freestyle	24
25	8 & Under 25 yd Butterfly	26
27	9-10 50 yd Butterfly	28
29	11-12 50 yd Butterfly	30
31	11-12 200 yd Backstroke	32
33	8 & Under 50 yd Breaststroke	34
35	9-10 100 yd Breaststroke	36
37	11-12 100 yd Breaststroke	38
39	9-10 200 yd Individual Medley	40
41	11-12 200 yd Individual Medley	42

Saturday P.M.

Girls		Boys
43	Open 200 yd Medley Relay	44
45	13-14 200 yd Freestyle	46
47	15-18 200 yd Freestyle	48
49	13-14 100 yd Butterfly	50
51	15-18 100 yd Butterfly	52
53	13-14 50 yd Freestyle	54
55	15-18 50 yd Freestyle	56
57	Open 200 yd Backstroke	58
59	13-14 100 yd Breaststroke	60
61	15-18 100 yd Breaststroke	62
63	Open 400 yd Individual Medley	64

Sunday A.M.

Girls		Boys
65	8 & Under 100 yd Freestyle Relay	66
67	9-10 200 yd Freestyle Relay	68
69	11-12 200 yd Freestyle Relay	70
71	8 & Under 100 yd Freestyle	72
73	9-10 200 yd Freestyle	74
75	11-12 200 yd Freestyle	76
77	8 & Under 25 yd Breaststroke	78
79	9-10 50 yd Breaststroke	80
81	11-12 50 yd Breaststroke	82
83	11-12 200 yd Butterfly	84
85	8 & Under 50 Backstroke	86
87	9-10 100 yd Backstroke	88
89	11-12 100 yd Backstroke	90
91	8 & Under 25 yd Freestyle	92
93	9-10 50 yd Freestyle	94
95	11-12 50 yd Freestyle	96
97	11-12 200 yd Breaststroke	98
99	8 & Under 50 yd Butterfly	100
101	9-10 100 yd Butterfly	102
103	11-12 100 yd Butterfly	104
105	12 & Under 500 Freestyle	106

Sunday P.M.

Girls		Boys
107	Open 200 yd Freestyle Relay	108
109	13-14 200 yd Individual Medley	110
111	15-18 200 yd Individual Medley	112
113	13-14 100 yd Backstroke	114
115	15-18 100 yd Backstroke	116
117	Open 200 yd Butterfly	118
119	13-14 100 yd Freestyle	120
121	15-18 100 yd Freestyle	122
123	Open 200 yd Breaststroke	124
125	Open 1000 yd Freestyle	126