



2009 Holiday Invitational
Hosted by
Farmington Family YMCA Stingrays
December 12-13, 2009

DEADLINE November 18 7PM BLACK BOX @Y

- Schedule:** Sat. & Sun. AM Warm-up 7:30 a.m. Start 8:30 a.m.
Sat. & Sun. PM Warm-up 12 noon Start 1:00 p.m. (or 1 hr after completion of AM events)
- Location:** Waterford Kettering High School , 2800 Kettering Drive, Waterford, Michigan 48329
- Facilities:** Waterford Kettering High School is a 25 yard, 8 Lane pool.
Pool depth ranges from 8.5 to 14 feet at the start and 3.5 to 14 feet at the turn.
There will be electronic timing used for all races except 25 yard events. Three warm up lanes will be available during the meet. Lockers are available (please bring your own lock).
Note: Farmington Family YMCA Stingrays and Waterford Kettering High School assume no responsibility for lost articles.
- Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
 - No smoking is allowed in the building or on the grounds.
 - No bare feet are allowed outside of the pool area. Swimmers must have swim sandals or shoes to go into the hallway to awards or concessions.
 - An Emergency Action Plan is available for review at the pool office.
- Eligibility:** This meet is open to all swimmers meeting YMCA requirements. The swimmer's age is determined by their age on December 1, 2009.
- Entry Limits:** Swimmers may enter a maximum of four individual events per day plus one relay.
- Deadline:** **November 18 7PM BLACK BOX @Y**
- Entry Fees:** **Individual Entries: \$4.00 per event.** Cash or checks made out to: South Oakland YMCA
Relay entries will be determined by coaches and are paid by YPAC.
- Deck Entries:** Deck entries to fill open lanes will be accepted by the Clerk-of-Course until 30 minutes prior to the start of each session. New heats will not be added. Deck entries cost \$7.00 per individual event.
- Admissions:** \$4.00 per day for persons 12 & older. No charge for children under 12 accompanied by an adult. Programs covering all seeded events will be available for \$6.00.
- Marshalling:** There will be marshalling on deck at the meet for 10 and under age groups during the morning sessions. **Afternoon sessions will be self-marshaled.**
- Awards:** Awards for 1st through 3rd place, and ribbons will be given for 4th through 12th place. For each relay event, ribbons will be given for 1st through 6th place. All awards must be picked up by the end of the meet.
No awards will be given to the 15-18 age groups. **NO AWARDS WILL BE MAILED.**
- Concessions:** Food and beverages will be available. A hospitality area will be available for coaches and officials. Swim equipment vendors may also be present during the meet.

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Saturday, December 12 - Morning
Warm-up 7:30 a.m. / Start 8:30 a.m.

GIRLS Event #	EVENT	BOYS Event #
1	8 and under	100 Free Relay
3	9-10	200 Free Relay
5	8 and under	100 Free
7	9-10	200 IM
9	8 and under	50 Back
11	9-10	50 Back
13	8 and under	25 Free
15	9-10	100 Free
17	8 and under	50 Breast
19	9-10	50 Breast
21	8 and under	25 Fly
23	9-10	100 Fly

Saturday, December 12 - Afternoon
Warm-up 12:00 / Start 1:00 p.m. *

*or one hour after completion of morning events

GIRLS Event #	EVENT	BOYS Event #
25	11-12	200 Free Relay
27	13-18	200 Free Relay
29	11-12	200 IM
31	13-14	200 IM
33	15-18	200 IM
35	11-12	100 Free
37	13-14	100 Free
39	15-18	100 Free
41	11-12	50 Back
43	13-14	200 Back
45	15-18	200 Back
47	11-12	50 Breast
49	13-14	200 Breast
51	15-18	200 Breast
53	11-12	100 Fly
55	13-14	100 Fly
57	15-18	100 Fly
59	Open	500 Free

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Sunday, December 13 – Morning
Warm-up 7:30 a.m. / Start 8:30 a.m.

GIRLS Event #		EVENT	BOYS Event #
61	9-10	200 Medley Relay	62
63	8 and under	100 Medley Relay	64
65	10 and under	200 Free	66
67	8 and under	100 IM	68
69	9-10	100 IM	70
71	8 and under	50 Free	72
73	9-10	50 Free	74
75	8 and under	25 Back	76
77	9-10	100 Back	78
79	8 and under	25 Breast	80
81	9-10	100 Breast	82
83	8 and under	50 Fly	84
85	9-10	50 Fly	86

Sunday, December 13 – Afternoon
Warm-up 12:00 / Start 1:00 p.m.*

*or one hour after completion of morning events

GIRLS Event #		EVENT	BOYS Event #
87	11-12	200 Medley Relay	88
89	13-18	200 Medley Relay	90
91	11-12	200 Free	92
93	13-14	200 Free	94
95	15-18	200 Free	96
97	11-12	100 Back	98
99	13-14	100 Back	100
101	15-18	100 Back	102
103	11-12	50 Free	104
105	13-14	50 Free	106
107	15-18	50 Free	108
109	11-12	100 Breast	110
111	13-14	100 Breast	112
113	15-18	100 Breast	114
115	11-12	50 Fly	116
117	13-14	200 Fly	118
119	15-18	200 Fly	120
121	11-12	100 IM	122