

**MYM / YPAC Dual Meet**  
**November 12, 2011**

**Where:** L'Anse Creuse North High School  
23700 21 Mile Rd  
Macomb, MI 48042

**Time:** 12:15 warm-up  
1:00 meet start

**Entries:** Picked by Coaches. Max of 4 events. If you are not able swim sign the **No Show** list at the Y on our team board by 11-8-11.

**Eligibility:** This meet is open to all swimmers meeting the YMCA membership requirements. The swimmer's age is determined by their age on December 1, 2011.

**Rules:** All YMCA guidelines and regulations covering warm-ups and deck personnel will be followed. All rules and safety procedures will be followed.

**Any questions please talk to the coaches.**