



## 2012 Michigan YMCA District Meet Hosted by the Flint YMCA Falcons Sunday, February 19, 2012

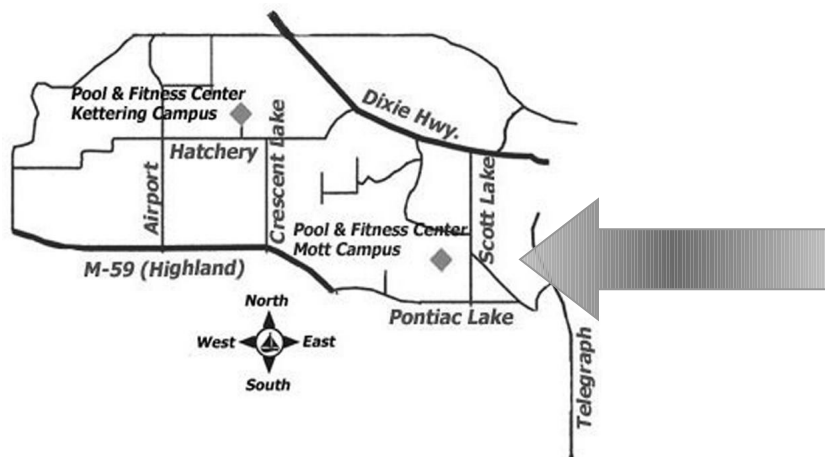
**Location:** **Waterford Mott High School**  
1151 Scott Lake Road  
Waterford, Michigan 48328

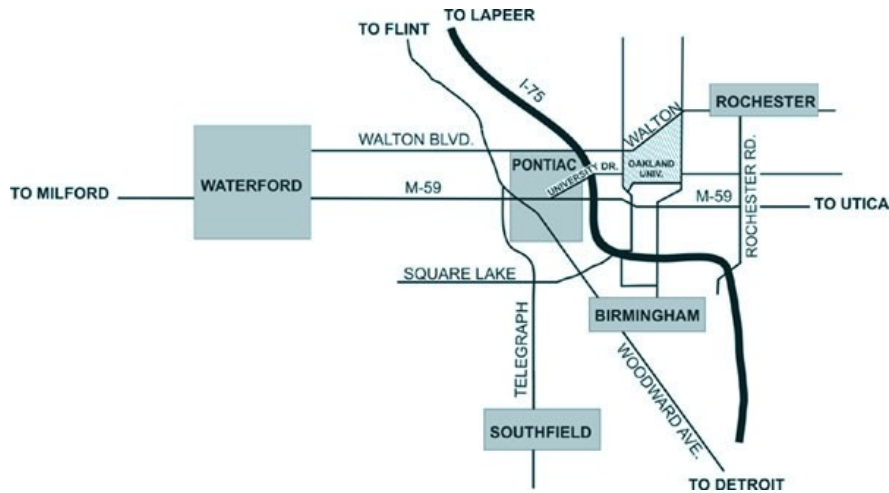
**Date and Time:** **Sunday, February 19, 2012**  
Morning Session 8:30 am Warm-up, 9:30 am Start  
Afternoon Session 1:00pm Warm-up, 2:00pm Start

**Facilities:** The Waterford Mott Pool has an eight lane, 25-yard x 25 meter competitive pool for lap swimming or diving. And has an elevated seating for 400 spectators located on two sides of the competition pool. The Pool also has handicapped accessible ramps

A Colorado timing system with an 8-lane scoreboard and manual back-up timers will be used for all events. A second pool will be available for continuous warm-up during events. Locker room facilities are available, but swimmers must provide their own locks.

The Flint YMCA Falcons and Waterford Mott High School are not responsible for lost, damaged or stolen property. For the safety of all those attending the swim meet, no one will be allowed to roam outside the pool area around the school facilities.





**Eligibility:**

Only certified associations are eligible to compete in this event. An association is a YMCA unit that is 1) certified by the National Board, 2) holds an association, branch, or unit number, 3) is eligible for separate listing in the YMCA directory. A branch, department, or center of a Metropolitan Association is considered an association for purposes of this event.

A swimmer must be a full-time member of the YMCA he/she represents for at least 60 days prior to this event and must have represented only that YMCA in any open competition that he/she participated in during the current season, Sept. 1, 2011 through April 30, 2012. A swimmer may not represent more than one YMCA in competitive sports. A swimmer must have competed for the same team in three (3) YMCA inter-association meets held on separate dates during the current season.

This meet is reserved for those swimmers who have not currently achieved any State Meet qualifying times. If a swimmer achieves a State Meet time at this meet, that time will qualify them for participation in the State Championship.

The swimmer's age is determined by his/her age as of December 1, 2011.

**Entry Limits:**

Each swimmer may enter a maximum of three individual events and two relays. Coaches will pick relays.

**Entry Fees:**

\$4.00 per individual event  
**Please make checks payable to "South Oakland YMCA".**

**Entry Deadline:**

**February 1st, 2012** in the black box by 7pm.

**Deck Entries:**

**Deck entries will not be accepted for this event.**

**Seeding:**

This meet will be pre-seeded. All events are timed finals and will be seeded slowest to fastest.

**Time Trials:**

Time trials will be offered at the discretion of the Meet Director if time permits. An announcement will be made during each session if time trials will be offered after that session. Time trials will be \$5.00 per swim.

**Marshaling:**

Marshaling will take place on deck. Relay cards will be provided to coaches at the beginning of each session. They must be returned to the Meet Scorer with swimmers' names and swim order 30 minutes prior to the start of the session.

**Officials:** Anyone willing to officiate at the meet is welcome and appreciated. Officials must be YMCA certified. If you are interested, please contact Stine Grand at [stine@grandandgrand.com](mailto:stine@grandandgrand.com).

**Warm-up Procedures:** Controlled, supervised warm-up sessions will be utilized in accordance with the warm-up procedures suggested by YMCA swimming. Warm-up lanes will be assigned in order to balance the number of swimmers per lane.

During the final 20 minutes of warm-up, lanes 1, 2, 7, and 8 will be dedicated as one-way sprint lanes, with diving or backstroke start, one length swim, and then exit at the other end of the pool. Additional sprint lanes will be assigned if required at the direction of the Meet Referee.

**Awards:** Awards will be given for places 1-12 in individual events and places 1-6 in relays. Medals will be awarded for first through sixth place and rosette ribbons will be awarded for places 7-12.

**Team Scoring:** Team points will be awarded based on the top twelve finishes as follows:

Place	1	2	3	4	5	6	7	8	9	10	11	12
Individual	16	13	12	11	10	9	7	5	4	3	2	1
Relay	32	26	24	22	20	18	14	10	8	6	4	2

**Deck Personnel:** Only swimmers, coaches, and meet workers are allowed on deck.

**Admission:** \$5.00 for adults and children 7-and-over. Children 6-and-under are no charge.

**Program:** A one-day program will be available for \$4.00.

**Concessions:** Food and beverages will be available in the Lobby.

**Results:** Results will be posted in the hallway by the seating area during the meet.

**Swimmers with Disabilities:** All swimmers are encouraged to participate. Please indicate any special needs or requests on the Entry summary form and advise the Meet Director or Referee during warm-up.

**First Aid:** Available in the control room located on deck.

**Lost and Found:** Please check in at the announcer's table. Any items leftover will be held for two weeks. Contact the Meet Director.

**Designated Timers:** Each team participating in this meet is requested to provide timer(s) to staff this event. We request that your designated timers be at least 16 years of age, and have some previous timing experience.

Teams with less than 10 swimmers participating - requested to provide one timer.  
Teams with 10 or more swimmers are requested to provide two timers.

If you are interested in timing please let Coach Colleen by Feb 1<sup>st</sup>.

**General:** Smoking is not allowed in Waterford Public Schools. No glass is permitted on deck. Body oil or rubdown substances are prohibited.

2012 Michigan YMCA District Meet  
Order of Events

AM Session  
8:30 AM Warm-ups, 9:30 AM Start

<b>Girls</b>	<b>AM Session</b>	<b>Boys</b>
1	9-10 200 Medley Relay	2
	11-12 200 Medley Relay	3
4	9-10 200 Freestyle	5
	11-12 200 Freestyle	6
7	9-10 100 IM	8
	11-12 100 IM	9
10	9-10 50 Freestyle	11
	11-12 50 Freestyle	12
13	9-10 50 Butterfly	14
	11-12 50 Butterfly	15
16	9-10 100 Freestyle	17
	11-12 100 Freestyle	18
19	9-10 50 Backstroke	20
	11-12 50 Backstroke	21
22	9-10 50 Breaststroke	23
	11-12 50 Breaststroke	24
25	9-10 200 Freestyle Relay	26
	11-12 200 Freestyle Relay	27

2012 Michigan YMCA District Meet  
Order of Events

Afternoon Session

1:00pm Warm-up, 2:00pm Start

Girls	PM Session	Boys
28	11-12 200 Medley Relay	
29	13-14 200 Medley Relay	30
31	15 & Over 200 Medley Relay	32
33	11-12 200 Freestyle	
34	13-14 200 Freestyle	35
36	15 & Over 200 Freestyle	37
38	11-12 100 IM	
39	13-14 200 IM	40
41	15 & Over 200 IM	42
43	11-12 50 Freestyle	
44	13-14 50 Freestyle	45
46	15 & Over 50 Freestyle	47
48	11-12 50 Butterfly	
49	13-14 100 Butterfly	50
51	15 & Over 100 Butterfly	52
53	11-12 100 Freestyle	
54	13-14 100 Freestyle	55
56	15 & Over 100 Freestyle	57
58	13-14 500 Freestyle	59
60	15 & Over 500 Freestyle	61
62	11-12 50 Backstroke	
63	13-14 100 Backstroke	64
65	15 & Over 100 Backstroke	66
67	11-12 50 Breaststroke	
68	13-14 100 Breaststroke	69
70	15 & Over 100 Breaststroke	71
72	11-12 200 Freestyle Relay	
73	13-14 200 Freestyle Relay	74
75	15 & Over 400 Freestyle Relay	76