



SWIM TEAM

Flint YMCA Falcons/Community Podiatry Group 2012 Winter Invitational Swim Meet January 7 - 8, 2012

- Date and Time:** **Saturday, January 7th and Sunday, January 8th**
AM Session: 7:30 am Warm-up, 8:30 am Start
PM Session: 12:30 pm Warm-up, 1:30 pm Start (Estimated)
- Location:** **Waterford - Mott High School**
1151 Scott Lake Road
Waterford, Michigan 48328
- Facilities:** The Waterford Mott Pool has an eight lane, 25-yard x 25 meter competitive pool. And has elevated seating for 400 spectators located on two sides of the competition pool. The Pool also has handicapped accessible ramps.
- A Colorado timing system with an 8-lane scoreboard will be used for all but the 25-yard, events which will be hand timed. A second pool will be available for continuous warm-up during events. Locker room facilities are available, but swimmers must provide their own locks. The Flint YMCA Falcons and Waterford Mott High School are not responsible for lost, damaged or stolen property. For the safety of all those attending the swim meet, no one will be allowed to roam outside the pool area around the school facilities.
- Eligibility:** This meet is open to all swimmers meeting the YMCA requirements; swimmer's age is determined by their age on December 1, 2011.
- Rules:** This meet will be swum in accordance with YMCA and USS rules. All YMCA guidelines and regulations covering warm-ups and deck personnel will be followed.
- Entry Limits:** Swimmers may enter a maximum 4 individual events and 2 relays per day. Entries will be on a first come first serve basis and refused entries based on time constraints, will be notified. If necessary we will combine genders to fill an open heat for the 1000 Free.

Entry Deadline: Entries due to the Black Box at the Y by Wednesday December 21, 2011.

Entry Fees: Individual Events.....\$4.00/event
Relay Events.....YPAC Pays

Please make checks payable to “South Oakland YMCA”.

Officials: Anyone willing to officiate at the meet is welcome and appreciated. Officials must be YMCA certified. If you are interested, please contact Stine Grand at stine@grandandgrand.com.

Deck Entries: The Clerk of Course will accept deck entries until 30 minutes prior to the start of each session. Deck entries will cost \$5.00 per individual event.

Seeding: **This meet will be pre-seeded except for the 400 IM, 500 Free and 1000 Free, These will be seeded after coaches inform us of scratches.** All events are timed finals. All events except for the 1000 Free will be seeded slowest to fastest according to the times submitted. The 1000 Free will be seeded fastest to slowest, and swum alternating girls and boys heats.

Marshaling: A.M. sessions will be assisted self-marshaled. P.M. sessions will be self-marshaled.

Individual Awards: Awards will be given for places 1-12 in individual events and places 1-6 in relays. Awards will be given to both 10-and-Under and 12-and-Under for the 500 Freestyle. Awards will be given to 10-and-Under, 12-and-Under and 13-and-Older groups in the 400 Ind. Medley. Custom medals will be awarded for first - third place in all 12-and-Under individual events. Ribbons will be awarded for all other places/events.

Team Awards: First Place and Runner-up trophies (host team not eligible)

Points: **Points for Team Awards;** Points will be awarded as follows

Place	1	2	3	4	5	6	7	8	9	10	11	12
Individual	16	13	12	11	10	9	7	5	4	3	2	1
Relay	32	26	24	22	20	18	14	10	8	6	4	2

Deck Personnel: Only swimmers, coaches, and meet workers are allowed on deck. First Aid in the Control Rm. No smoking allowed in Waterford Mott School. Swimmers are requested not to use any body oil or rub down substances.

- 1000 Freestyle:** All 1000 Freestyle swimmers must provide a timer for their race.
- Admissions:** Saturday and Sunday: \$4.00 each.
Swimmers and Children 6 and Under: Free
- Heat Sheets:** A Saturday/Sunday program will be sold for \$6.00.
- Concessions:** Food and beverages will be available in the entrance hallway.
- Results:** Results will be posted in the hallway by the visitor viewing area Second Floor.
- Swimmers w/
Disabilities:** We encourage participation. Please indicate on the entry forms the appropriate age group in which they should participate. Please advise the Clerk of Course or Referee during warm-ups
- Lost and Found:** Please check at the admission's table. Any items leftover will be held for two weeks. Contact the Meet Director.
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Saturday AM

Girls	Event	Boys
1	8 & Under 100 yd Medley Relay	2
3	9-10 200 yd Medley Relay	4
	11-12 200 yd Medley Relay	5
6	8 & Under 100 yd Individual Medley	7
8	9-10 100 yd Individual Medley	9
	11-12 100 yd Individual Medley	10
11	8 & Under 25 yd Backstroke	12
13	9-10 50 yd Backstroke	14
	11-12 50 yd Backstroke	15
16	8 & Under 50 yd Freestyle	17
18	9-10 200 yd Freestyle	19
	11-12 200 yd Freestyle	20
21	8 & Under 25 yd Butterfly	22
23	9-10 50 yd Butterfly	24
	11-12 50 yd Butterfly	25
	11-12 200 yd Backstroke	26
27	8 & Under 50 yd Breaststroke	28
29	9-10 100 yd Breaststroke	30
	11-12 100 yd Breaststroke	31
32	9-10 200 yd Individual Medley	33
	11-12 200 yd Individual Medley	34

Saturday PM

Girls	Event	Boys
35	11-12 200 yd Medley Relay	
36	Open 200 yd Medley Relay	37
38	11-12 200 yd Freestyle	
39	13-14 200 yd Freestyle	40
41	15-18 200 yd Freestyle	42
43	11-12 100 yd Butterfly	
44	13-14 100 yd Butterfly	45
46	15-18 100 yd Butterfly	47
48	11-12 50 yd Freestyle	
49	13-14 50 yd Freestyle	50
51	15-18 50 yd Freestyle	52
53	11-12 50 yd Backstroke	
54	Open 200 yd Backstroke	55
56	11-12 100 yd Breaststroke	
57	13-14 100 yd Breaststroke	58
59	15-18 100 yd Breaststroke	60
61	11-12 100 yd Individual Medley	
62	Open 400 yd Individual Medley	63

Sunday AM

Girls	Event	Boys
64	8 & Under 100 yd Freestyle Relay	65
66	9-10 200 yd Freestyle Relay	67
	11-12 200 yd Freestyle Relay	68
69	8 & Under 100 yd Freestyle	70
71	9-10 100 yd Freestyle	72
	11-12 100 yd Freestyle	73
74	8 & Under 25 yd Breaststroke	75
76	9-10 50 yd Breaststroke	77
	11-12 50 yd Breaststroke	78
	11-12 200 yd Butterfly	79
80	8 & Under 50 Backstroke	81
82	9-10 100 yd Backstroke	83
	11-12 100 yd Backstroke	84
85	8 & Under 25 yd Freestyle	86
87	9-10 50 yd Freestyle	88
	9-10 50 yd Freestyle	89
	11-12 200 yd Breaststroke	90
91	8 & Under 50 yd Butterfly	92
93	9-10 100 yd Butterfly	94
	11-12 100 yd Butterfly	95
96	9-10 500 yd Freestyle	
	12 & Under 500 yd Freestyle	97

Sunday PM

Girls	Event	Boys
98	11-12 200 yd Freestyle Relay	
99	Open 200 yd Freestyle Relay	100
101	11-12 200 yd Individual Medley	
102	13-14 200 yd Individual Medley	103
104	15-18 200 yd Individual Medley	105
106	11-12 100 yd Backstroke	
107	13-14 100 yd Backstroke	108
109	15-18 100 yd Backstroke	110
111	11-12 50 yd Butterfly	
112	Open 200 yd Butterfly	113
114	11-12 100 yd Freestyle	
115	13-14 100 yd Freestyle	116
117	15-18 100 yd Freestyle	118
119	11-12 50 yd Breaststroke	
120	Open 200 yd Breaststroke	121
122	11-12 500 yd Freestyle	
123	Open 1000 yd Freestyle	124