

YPAC SWIM TEAM

March 9, 2009 Piranhagram

www.ypacswimteam.org



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Deadlines

March

- 9 Zone Meet Entries Due
- 14 Banquet Reservations Due

Coach's Corner

Hello YPAC Swimmers and Families-

What a weekend for YPAC swimming! No matter what meet you may have partaken in this past weekend, you were sure to see some tremendous YPAC swims! At the B Clusters meet on Saturday, YPAC swimmers cleaned house. With 10 first place finishes and 47 top six finishes, YPAC B Clusters swimmers came to swim fast and it showed.

Earning significant time drops at B Clusters were: Nathan Archambeau, Griffin Batcheller, Kara Benner, Cameron Berke, Jonathan Cher, Jonah Grand, Samuel Grand, Samuel Inloes, Maya Keener, Megan Kossak, Colton Teicher, Emma Weisberger, Brett Voight, LaTonja Veasey,

Earning State time cuts at B Clusters were: Brett Voight

Earning Zone time cuts at B Clusters were: the 13-14 girls medley relay team of Ellen Hogan, Rachel Dery, Nicole Buccalo, Taylor Flynn; the 13-14 girls 200 free relay team of Lauren Wroe, Nicole Buccalo, Rachel Dery and Taylor Flynn.

On top of all the amazing swims at the B Clusters Meet, YPAC swimmers also showed they had heart! No other team cheered, or celebrated their victories as loud or as enthusiastically as YPAC did. YPAC swimmers LaTonja Veasey and Lauren Wroe truly showed determination and commitment by swimming their relays through the pain of sprained and hurt ankles. I would like to wish huge congratulations to all the YPAC B Clusters swimmers.

A huge congratulation also goes out to the five YPAC swimmers who drove across the state to Jenison, Michigan for the 12 and under USA State Meet.

Noah Momblanco was able to pull off a 36 place finish even though he went home the evening after he swam with a high fever! **Lilianan Gray** swam well with a 27 and 30 place finishes, **Emmeline Duncel** swam an amazing 50 free, **Lauren Carey** dropped time and placed 18 in the 50 breast and **Mitchell Buccalo** dropped amazing amounts of time (almost 12 seconds combined) and placed 19, 20, 23, 17, 24 and 14 overall in the 100 fly! Very nice job 12 and Under USA State Meet swimmers.

Congratulations also to Tyler Tadian for earning two National time cuts at the U of D Catholic League Meet this past weekend! What an accomplishment!

It was a great weekend, make sure to have a great week!

Coach Amber

South Oakland YMCA

1016 W. Eleven Mile Rd. Royal Oak, MI 48067 (248)-547-0030

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Dates to Remember

March

- 15 BBD Day After Meet
(High School Boys)
- 20 Great Lakes Zone Meet
- 21 Great Lakes Zone Meet
- 22 Great Lakes Zone Meet
- 29 YPAC Banquet

April

- 6 YMCA National Meet
- 7 YMCA National Meet
- 8 YMCA National Meet
- 9 YMCA National Meet

YMCA Zone Meet

The following are a list of our current YPAC Zone Meet qualifiers. If you have qualified for the YMCA Zone Meet, you are required to attend. The meet packet along with a lot of valuable information pertaining to the YMCA Zone Meet can be found on the Great Lakes Zone Meet website at www.glzyswim.org. For your convenience, there is also a meet packet attached to this week's Piranhagram. **All entries for the Zone Meet are due to the YPAC Black Box no later than today, Monday, March 9 by 7pm.** Congratulations to all the swimmers who have qualified for the 2009 YMCA Great Lakes Zone Meet.

Meet Qualifiers: Hannah Bailey, Drew Branigan, Mitchell Buccalo, Lauren Carey, Jay Daniels, Peter Dolnicek, Christian Dolnicek, Nicholas Dolnicek, Taylor Flynn, Sarah Greenwood, Hannah Heenan, Grace Hogan, Matt McNamara, Destry Newton, Jeremy Raisky, Christina Ricci, Julia Schlau, Brita Sharef, Tyler Tadian, Moriah Young, Tai Furnari, Allison Archambault, Amanda Coletti, Liliana Gray, Emmeline Duncel, Noah Duchan, Rachel Dery, Ellen Hogan, Lauren Wroe, Nicole Buccalo

Zone Meet Shirts

If you have already received your YPAC State Meet shirt, have qualified for the YMCA Zone Meet and would like to have "ZONE MEET" added to the sleeve of your shirt, **you must bring in your shirt to practice today!** You may also drop off your shirt to Julie Buccalo's house at 25529 Parkwood in Huntington Woods no later than tonight. Shirts will be sent to the printer tomorrow and no late shirts will be accepted.

Meet Entries

If you are interested in seeing what events your swimmer has been entered in for any of their upcoming meets, please check out the Hy-Tek TM on-line on the YPAC website. Once you access the Hy-Tek South Oakland site, select entries and then the meet you wish to view. This should allow all swimmers and parents to view what events they or their swimmer will be swimming in for any upcoming meet.

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Quote Of The Week

“When global warming floods the planet, swimmers will rule the world”

YPAC Banquet/Deadline Approaching

The YPAC banquet has been set for Sunday, March 29 from 4-8pm at the Ukrainian Cultural Center located at 26601 Ryan Rd in Warren. Please join us in a night of celebrating the wonderful accomplishments your swimmers have achieved this season.

YPAC banquet organizers LeeAnn Hart and Melissa Ferrero have selected a wonderful location that can accommodate all YPAC swimmers and their families. They have also chosen a scrumptious family style meal with a few kosher selections so that all YPAC families may be able to participate.

Now all we need is for you to sign up. All banquet reservations need to be placed in the YPAC Black Box no later than Saturday, March 14. Due to facility regulations, we will not be able to take any “deck entries” for this event (you must register in advance. We will not be able to take your reservation after the March 14 deadline).

Attached to this Piranhagram is the banquet registration form. It is also posted to the front page of the YPAC website. **There are only FIVE days left to register for the banquet, so please fill the registration form out and place it in the YPAC Black Box no later than this Saturday, March 14.** We hope to see you all there!

YPAC DVD

At the end of every swim season, YPAC puts together a collection of memorable moments into a DVD to be aired, sold and available for pre-ordered pick up at the end of the season banquet. This year’s DVD has been vamped up with a slightly different format.

The first half of the DVD will play a slide show of photos on your TV (just like in years past). The second half will have all the pictures that were used available to download on your computer (this is the new part). The slide show will cover YPAC events through Zone Meet. For any swimmer who wishes to have National Meet photos added to the photo download section at the end of the DVD, this is also available. If you choose to have National photos added to your DVD, your DVD will not be available at the Banquet (the banquet is before the National Meet).

Attached to this weeks Piranhagram is the DVD order form. **Please place all order forms with appropriate monies in the YPAC Black Box.** Don’t miss out on this opportunity to share in all the great photos that were taken throughout the season.

*photos can still be turned in to Cindy Burke at **2523 Pinecrest in Ferndale.**

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Nutrition

Swimmers Diet

60% Carbs

15% Proteins

25% Fats

YMCA State Meet Photos

Photos taken by photographer Chris Fleck at the YPAC hosted YMCA State Meet are now available for viewing and purchase on Phleck Photo's website at www.photorelect.com/pr3/store.aspx?p=48424.

Parent's Weekly Checklist

- ✓ Sign your swimmer up for the Zone Meet by today, Monday, March 9.
- ✓ If you qualified for the YMCA Zone Meet, bring your YPAC Championship t-shirt to practice tonight or drop it off at Julie Buccalo's house to have "Zone Meet" added to the sleeve.
- ✓ Sign up for the YPAC banquet by this Saturday, March 14.
- ✓ Order your YPAC DVD today.
- ✓ Turn in you photos for the YPAC DVD to Cindy Burke asap.

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