

# PIRANHAGRAM

Week of October 4, 2010



## Coaches' Report

Competition season is approaching and the team is getting ready. Please make sure that all swimmers are bringing their equipment to practice everyday.



### Required equipment for all age groups

- YPAC Swim Suit
- Goggles
- Fins
- Cap
- Kick Board
- Water Bottle

### 11 & Up

All gear previously listed and:

- Pull Buoy
- Hand Paddles<

### 13 & Up

All gear previously listed and:

- Snorkel – front facing (optional)

If you do not have the required equipment, then it is difficult to get the most out of the practices the coaches have designed for you.

**Please remember to get your entries for the first meet at BBD into the black box at the Y by Friday October 8th at 7:00pm. No late entries will be allowed.** If your swimmer is trying a new event, please talk with your swimmer's coach to get an approximate time to put on the meet entry form.

Keep up the good work!

*Coach Colleen, Coach Eric, and Coach Rick*



## YPAC Parent Support Group & Executive Board

The YPAC Parent Support Group is a volunteer group responsible for promoting, developing and supporting YPAC. This includes many routine activities, special events and long range planning. Policies and direction for the Parent Support Group are set by the Parent Support Group's Executive Board. The group will meet on the first Monday of every month and our meetings are open to all parents.

The 2010-2011 Board consists of the following volunteers and positions:

*Officers:*

President: Maura Weber

Vice President: Kurt Einhaus

Secretary: James Hanks

Treasurer: Jennifer Everts

*Chairs:*

Internal Affairs: Terri Kuznia

Communications: Maura Weber & Chris Handyside

Aquatic Affairs; Kurt Einhaus

Merchandise: Susan Takacs

Fundraising: Paul and Melissa Ferraro

Past President: Karin Jahn

USA Rep: Lisa Momblanco

Social: Unfilled

## **FRIDAY PRACTICE CHANGE!!!!!!!**

Due to Ferndale's homecoming game we will not have practice at Ferndale. Practice times will be at The South Oakland YMCA for *all age groups* as follows:

8 & under	4:15-5:00pm
9-10	4:45-5:45pm
11-12	5:15-6:45pm
13 & up	5:30-7:00pm

## Sunday Practice for 11-12 age groups

All 11-12 swimmers can attend either time slot at the YMCA for Sunday practice, based on the workout they want to have.

9-12 swimmers      12:15-1:15  
11 & up swimmers    1:15-2:15

## Our First Meet Deadline is Friday the 8th

Meet packets for the *BBD Fall Festival and Sunday Fun Meets* on October 23 and 24<sup>th</sup> and the Meet Entry form are available online and on the bulletin board at the Y. Please read these packets carefully!!

**The entry deadline is this Friday, OCTOBER 8TH.** All entries need to be placed in the black box at the YMCA. Please put the entry form and payment into an envelope so that the entry fees and the entries stay together.

**NO LATE ENTRIES WILL BE ALLOWED!!!**

For more information on entry procedures, see our website.

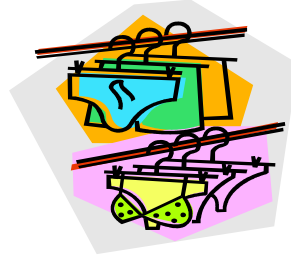


## YPAC Invitational

Our Invitational, held on November 6th and 7th, is right around the corner. YPAC has a long-standing tradition in the community of running a successful meet, but we cannot do it without the help of parents, friends and family! Staffed by volunteers, this meet is the biggest source of fundraising for the team.

It is required for each swimmer's family to volunteer at this meet. There are lots of areas where you can help. You were e-mailed as an attachment a letter from our Internal Affairs Chair, Terri Kunzia, with the jobs and descriptions listed.

Please contact Terri with any questions you may have about volunteering and what areas you wish to work, date, time, your e-mail and phone # by October 15. Her contact information is in the letter



## Team Suits & Spiritwear/gear

**Team suits** will be available for order through October 11th. This is the same suit as last year. An order form was attached to the e-mail and is on the bulletin board at the Y for all those who could not make it to the Suit Try-on. *All swimsuit forms need to be turned in directly to the Varsity Shop in Birmingham; the address is in the PDF.*

**Spiritwear/gear** will also be available for order until October 11th. The form was attached with all descriptions, pricing and ordering instructions and is available on the bulletin board at the Y. Show your YPAC spirit! Plus, they make great holiday gifts for family and friends. Remember, each swimmer gets one team shirt for free to wear at our meets. This is not to be indicated on the Spiritwear/gear order form; only additional shirts for order are to be included on here.