



Piranhagram- Week of January 11, 2012



Coaches Report

We had a great first meet back after our holiday break. The work that the swimmers put in over the break really paid off. Everyone looked rested and ready to compete again. Great job swimmers!

Congratulations to Kamaria Perkins for achieving her first state cut in the 50 fly.

We just found out that there will not be a Flint 50's meet hosted this year. If you need to get into another Y meet, this weekend's meet is allowing deck entries. Sorry for the inconvenience this may cause. If you have any questions please talk with Coach Colleen or email her at headcoach@ypacswimming.org

Keep up the hard work!

Coach Colleen, Coach Qenton and Coach Jackie



Championship Season Breakdown

With Championships right around the corner, here is a breakdown of all the upcoming meets. Swimmers are required to attend the Championship meets for which they have qualified.

Your swimmer's times are listed under "HY-TEK" on our website or accessed from this link: <http://www.sports-tek.com/TMOnline/aATHLETE.asp?DB=upload\SouthOaklandYMCA.mdb>

You can find links to the time standards on our website at <http://ypacswimteam.org/resources/time-standards/>

If you have any additional questions on meets, feel free to email Coach Colleen at headcoach@ypacswimteam.org

For all YMCA championship meets below, the swimmer MUST have met the requirement of swimming in 3 YMCA meets.

YMCA Clusters - The YMCA Cluster meet is the first of the YMCA Championship meets. All swimmers, in all age groups who have met the 3 YMCA meet requirement over the season can swim; there is no time cut requirement for this meet. It is also the "last chance" meet to get a YMCA State Cut. If a State, Zone or National cut is not made at this meet the swimmer will swim at Districts.

YMCA 8 and Under States - This meet is for all 8 and Under swimmers. There are no qualifying times for this meet. Many of the events allow swimmers to compete only against swimmers that are the same age (six year olds swim against six year olds, etc.). This is a fun meet and a great way to end the season! This will be the last meet for all 8 and unders.

YMCA Districts - This meet is for all the 9 and up swimmers who did not make a YMCA State time cut and competed in 3 YMCA meets. If your swimmer has made ANY State time cuts, they cannot swim in this meet. This meet will include all teams in the state. After this meet, the swimmer is done, unless they make another time cut. If a swimmer achieves a State Meet time at this meet, that time will qualify them for participation in the State Championship. (*Note: this meet was called "B Clusters" in years past.*)

YMCA 9 and Up States - This meet is for all 9 and up swimmers that have made a State time cut during the season. These swimmers will not compete in Districts. Swimmers must swim the events in which they qualified and may be entered in other events at their coach's discretion. If a Zone or National time is not accomplished at this meet the swimmer is done.

YMCA Zones - This is a meet for a swimmer, typically 9 and up, that has made a Zone qualifying time during the season or at States. This meet will include swimmers in our Zone of states. If a National qualifying time is not achieved at this meet, the swimmer is done.

Our team is a dual affiliate YMCA and USS team. All time cuts earned at YMCA meets qualify swimmers for the USA swimming meets. The one Championship USS meet that YPAC participates in is Junior Olympics

Junior Olympics - To attend this meet, a swimmer must have a USS time cut that falls between a certain range. They need to have attained a Q2 time prior to the meet entry deadline; if a swimmer has a Q1 time, they may not swim that race at J.O.'s. A swimmer may swim as many events for which they have qualified, as long as it does not exceed 4 events per day.



Important Dates:

January 14 & 15 – Marlins Meet (Deck entries are being allowed- see Coach Colleen)

January 15 – YMCA Officials Training

January 20 – Swim-a-Thon Pledges due

January 22 –Marvin’s Marvelous Mechanical Museum Social Event

January 27-29 – GPG meet

Week of Feb 6 – Pot Luck Pasta Team Dinner

Feb 11-12 – YMCA Eastern Clusters

Feb 18 – YMCA 8 & Under State Meet

Feb 19 – YMCA District Meet

Feb 25-26- YMCA 9 & Up State Meet

March 2-4 – USS Junior Olympics

March 18-19 – YMCA Zones

Marvin’s Marvelous Mechanical Museum Event

Sunday, January 22, 2012

We will meet at Max & Erma’s on Orchard Lake Rd for Lunch at 1pm. Each family is responsible for their own bill.

31205 Orchard Lake Road Farmington Hills, MI 48334-1344
(248) 855-0990

<http://www.maxandermas.com>

After Lunch we will visit Marvin’s. Marvin’s Marvelous Mechanical Museum is a museum of working vintage coin operated arcade games and children’s rides. You can play all the games. Bring plenty of quarters. Each family is responsible for their own admission and arcade play expenses.

31005 Orchard Lake Rd, Farmington Hills, MI 48334 (248) 626-5020

<http://marvin3m.com>

Please RSVP to Lisa Veasey by phone or text at (248) 990-6608 so she can alert the restaurant and the museum of our numbers.

****ALLERGY ALERT****

We have a swimmer with severe airborne peanut, nut and fish and shellfish allergies. We want to keep all our swimmers safe and healthy and we need your help. At our remaining meets and practices, please do not bring snacks on deck that may contain these ingredients. Remember that residues left by teammates in our area may cause a reaction, too. So, even if you are not swimming at the same time, you could still cause a reaction. Please take care when planning your snack choices.



30th ANNUAL MACOMB MARLINS INVITATIONAL

January 14 & 15, 2012

L'Anse Creuse North High School

23700 21 Mile Road
Macomb, MI 48042

11 & Over: Warm-up 7:30-8:15 AM, Start 8:30 AM
10 & Under: Warm-up 12:30-1:15 PM, Start 1:30 PM

ADMISSIONS:

Persons over age 12: \$5.00 per day
\$3.00 senior citizens, 65 & older (ID required)
\$3.00 military (ID required)
Meet Program \$3.00 per program



GROSSE POINTE GATORS 4th Annual "ROMP IN THE SWAMP"

HOSTED BY: GROSSE POINTE GATORS SWIM CLUB

JANUARY 27 – JANUARY 29, 2012

Grosse Pointe South High School

11 Grosse Pointe Boulevard
Grosse Pointe Farms, MI 48236

The pool is located in the John and Marlene Boll Athletic Center on Fisher Road.



2012 YPAC Swim-A-Thon

Our Swim-a-thon took place January 4th, 2012. A big thank you to all the swimmers who participated. Even if you were unable to participate, you can still donate.

Pledges are due January 20 to the Black Box at the Y. All Checks should be made out to "South Oakland YMCA."

2012-13 YPAC Board Positions

All YPAC Parents are invited to apply for the following 2 year Board Positions:

Officers:

President – Provides direction for the Executive Board in all team endeavors. Coordinates and serves as liaison with the Coaching Staff and the South Oakland YMCA.

Vice President – Oversees special projects and assists the President

Chairs:

Fundraising – Organizes and oversees YPAC fundraising activities.

USA Swimming Representative – Acts as a liaison between YPAC, USA Swimming and the YMCA. Keeps us apprised of changes, requirements and registration.

Please contact Maura Weber @ themwebs@gmail.com if you are interested in volunteering for one of these positions.

YPAC Sponsorships

We are also looking for corporate and business sponsorships for our team. If you own a business or know of someone who owns a business that would be interested in sponsoring our team, please contact Maura Weber.

Save the Date!

During the week of February 6, we will be having a Clusters Team Pot Luck Pasta Dinner. Details on the exact date and donations will follow at a later date.

Reminder

Parents cannot drop off their kids at the YMCA without walking them into the locker room or have them wait, unattended after practice. This is a liability issue for the Y and there is no supervision by staff or coaches for these swimmers who do not have parents in the building.