



PIRANHAGRAM

Week of December 1, 2010

Coaches Report



Hope everyone had a great Thanksgiving. We had a wonderful Buddy Day on Wednesday. We had over 30 friends that came out to have fun with YPAC at practice. We want to thank all the swimmers for bringing their friends out!

Our first USA meet is coming up this weekend. Please remember that some of the rules are different. **You must check in when arriving - All swimmers must highlight their names before coming out to the pool. If your name is not highlighted then you could be scratched from the meet.** Coaches will not be highlighting swimmers names. So, please make sure you are on time. Some of the session times are different that for previous meets.

Friday, December 3rd – All Swimmers: PM Warm-up 5:00pm Start 6:00pm

11/12 Girls, 13 and up swimmers and open events:

Saturday, December 4th AM Warm-up 7:30am Start 8:30pm

Sunday, December 5th - AM Warm-up 8:30am Start 9:30am

11/12 Boys, all 10 & under swimmers:

Saturday, December 4th - PM Warm-up 12:30pm Start 1:30pm

Sunday, December 5th – PM Warm-up 12:30pm Start 1:30pm

Also for any events that are 50s in length and over, there will be flyover starts. This means swimmers must stay in the water until the next heat starts except any backstroke events. Any questions talk to your coach or Coach Colleen before the meet.

AS ALWAYS - THERE ARE TO BE NO SNACKS DURING MEETS (and during practices) WITH ANY PEANUTS OR TREE NUTS IN THEM DUE TO TEAMMATES WITH ALLERGIES.

Keep up the great work!

Coach Colleen, Coach Eric and Coach Rick

Deadlines



- **December 10th**, RSVP to Lisa Veasey at 248-990-6608 for the December 20th Social Event (see below)
- **December 27th**, 7pm Flint Falcons Winter Invitational Meet Entry Deadline to the black box at the Y.
- **December 27th**, 7pm Macomb Marlins Invitational Meet Entry Deadline to the black box at the Y.

High School Swimmers



High School Boys please make sure to have all of your meets sent to Coach Colleen so we have your most up to date times. Please have your coach ask for the Meet Manager backup of the meet. Any questions please ask Coach Colleen at headcoach@ypacswimteam.org. Good Luck during your season.

High School Girls please ask your coach to send Coach Colleen all of your meet times so we have the most up to date times from your season. Please ask for the meet manager backup of all meets if possible. Any questions please ask Coach Colleen.

Long Course

For ages 11 & up, we may be offering long course if there is enough interest. Please email Coach Colleen at headcoach@ypacswimteam.org if you would like more information or are interested.

Marvin's Marvelous Mechanical Museum Trip



Get your game on! YPAC is heading to Marvin's Marvelous Mechanical Museum! The "museum" contains items of magic, neon, antiques, posters, airplanes, robots, animation, and all sorts of odd and unusual coin operated games. The coin operated games are the main attraction, and range from the oldest gypsy fortune telling machine of the early 1900's, to the latest video games. All games are operational.

Monday, December 20th • Noon

31005 Orchard Lake Road, Farmington Hills, MI 48334

<http://www.marvin3m.com/> Admission is free. However, each family is responsible for their own spending money for games. Lunch details pending number of RSVPs

Please RSVP to Lisa Veasey by December 10th at 248-990-6608.